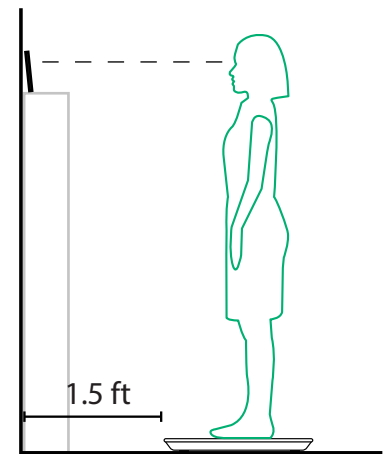


Congratulations on your ownership of a Stability Home scale! We're delighted to be part of your journey to better understand your balance. For full instruction manual and help videos, visit www.zibrio.com/start

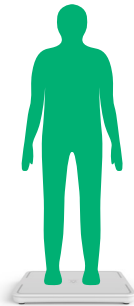
Setting up the scale

- 1) Place scale on a hard, level floor, at least 1.5 feet from a wall with a focal point, like a picture, at eye level. If you want to use the app as a visual timer during the balance test, set the scale up in a spot where you can place your phone at eye level, such as in front of a shelf.
- 2) Remove pull tag from battery compartment to power up the scale.
- 3) Press your foot on the surface of the scale to power it on. When it's on, the display will read '0.0.'
- 4) If the scale has been moved since last use, press on the scale to zero it. You should hear a beep and see '- - -' on the display as confirmation that zeroing has occurred. Then the display will read '0.0.'

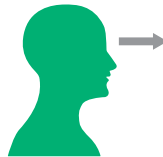


Taking a Balance Test without the App

Stand still on the scale with feet a comfortable width apart and hands at sides. After a few seconds, the scale will beep and the balance test will begin. The balance test will last 60 seconds.



Keep still throughout the test and breathe normally.






Keep your eyes open and look forward. Do not look down or move your head.



Do not talk or chew gum during the test.

Taking a Balance Test with the ZIBRIO Balance Coach App

- 1) Download the app by searching "ZIBRIO Balance Coach" in the Apple or Android app store or get a link at www.zibrio.com/start. Create an account.
- 2) Connect to the scale: open the app, make sure the scale is on and not in "sleep mode" (the display should be illuminated, if not, wake up the scale by pressing on it). The app will attempt to connect to the scale automatically. If the scale is connected, the scale icon in the top right corner will look like this: . If the scale is not connected, click the "not connected" icon:  to connect.
- 3) Click  and follow the sequence to start a balance test.

Balance Score Interpretation

At the end of the test, the scale will beep and the balance score will be displayed (1-10). The edges of the scale will light up with your risk zone color:

1-3 (red zone) means high risk of falling

4-6 (yellow zone) means moderate risk of falling

7-10 (green zone) means low risk of falling, best balance

SAFETY INFORMATION

At ZIBRIO we are very safety conscious, and we design and manufacture products with the safety of you, our valued customer, at the forefront. We ask that you adhere to the following precautions when using your Stability Home scale:

Limitations

Your Stability Home scale...

- Is not intended to diagnose or treat any illness or condition. While the Stability Home scale measures balance, poor balance in itself is not a disease and can be caused by variety of conditions. If you suspect you have a medical condition that is affecting your balance, consult a doctor.
- Is not intended for use by individuals who are unable to stand unassisted for at least 60 seconds or who are unable to get on and off the scale on their own.
- May not assess balance accurately in the following populations: individuals with vestibular disorders, tremors, or attention and memory issues.
- Cannot be used to gauge intoxication level due to alcohol or other substances. Getting a high balance score is not an indication of fitness for driving or other activities.
- Should be used in a distraction-free environment for best results.
- Has a maximum weight limit of 350 lbs.

Care and Use

The Stability Home scale...

- Must be used on a hard, level floor. Balance scores and weights will likely be inaccurate if the scale is used on a carpeted floor or an uneven hard floor. All four scale feet must be firmly resting on the floor.
- Should not get wet. Do not immerse in water. Be sure the surrounding floor and the surface of the scale are dry to avoid slipping when using the scale.
- If cleaning is needed, clean top glass surface with glass cleaner. Plastic surfaces may be wiped with a damp cloth. Disinfectants suitable for glass or plastic surfaces may be used on the respective surfaces.
- Should be inspected for damage prior to use. Inconsistent weight or balance readings could result if the scale is damaged. Check for cracks in the glass or plastic surfaces. Check to ensure that the battery cover is firmly attached. Check to make sure all 4 foot pads are present and undamaged.
- Should not be used if the glass top is cracked, as injury may occur.
- Should not be dropped, as this may lead to personal injury or damage to the device.
- Avoid stepping on the edge of the scale to minimize likelihood of tipping.
- Verify that the scale display is working correctly by observing the Power On Self Test. When the scale is first powered on, either through removal of the battery pull tab or installation of new batteries, each segment of the number display will light up in sequence and the scale will beep three times. The edge lighting of the scale will flash red, yellow, and green. If any of these components of the display does not light up, the display may be faulty, which could lead to inaccurate weight or balance score readings.